

CLINICAL ISSUES IN PSYCHOTHERAPY WITH IMAGINATIVE EXPERIENCE:

Digital Burnout & Techno-Stress

Psychological & Sexual Harassment:

Offline & Online

Aims of this short course:

The purpose of this course is to give participants two presentations on the application and treatment of clinical issues using imagination in psychotherapy through the method of Imaginative Experience. The two clinical issues are namely *digital burnout* and *techno-stress* and *psychological and sexual harassment* both *offline* and *online*. These two topics are very relevant in today's world and feature frequently in our sessions in psychotherapy.

Course Structure:

The course is divided into two presentations: one in the morning and one in the afternoon. The two presentations will be delivered in English. Dr. Cassar will also be discussing the presentations after they are delivered to help the participants to digest the material.

The presentations will be held in one day ie. a full Saturday. There will be sufficient time for questions and discussions, in order to understand the topics better. A certificate of attendance will be given.

1st Presentation: by Dott. Alberto Passerini

Digital Burnout & Techno Stress

Abstract:

The presentation will explain how *digital burnout* and *techno-stress* are identified by a number of symptoms caused by the excessive use and reliance on the new technologies. The topic will be discussed from the wider scientific and cultural contexts which we live in, and will highlight both the practical advantages such technologies bring with them, as well as the harm they do to our physical and mental lives. The speaker will also discuss post-humanism born from a cyber-culture.

The presentation will also outline the following points: the brain's neurophysiology of learning; the difference between the old and new technologies; the distinction between *digital burnout* and *techno-stress*, the phenomenological and clinical difference between normal physiological reactions to stress and pathological ones. The presentation will also underline suggestions for treatment. The presentation will discuss a case treated successfully with imaginative experience.

2nd Presentation: By Dott.ssa De Palma

Psychological and Sexual Harassment: Offline and Online

Abstract:

A survey by the European Union Agency for Fundamental Rights has reported that one woman in three is a victim of sexual violence, at work or within her affective world (2000; 2002). It is not by chance that in the last years organisations have increasingly shown a greater interest in communication difficulties and relationship problems that generate negative situations (Flecchia, 2012). Violence and sexual violence in particular, is a largely hidden phenomenon which, contrary to what is believed, affects directly or indirectly, both genders. The beginning of the stories is often characterised by gestures of 'affection' but very soon they result in horrific abusive plots which lead to syndromes of depression, anxiety disorders and post-traumatic stress disorders. The presentation will feature a clinical case treated with the psychotherapeutic method of Imaginative Experience (Passerini, 2009).

Requirements:

Applicants from the fields of psychotherapy, psychology, psychiatry, psychiatric nursing, counselling, social work, education, and related caring professions and students in advanced stages of training are eligible to apply.

About the Core Tutors:

Dott. Alberto Passerini is an Italian psychiatrist and psychoanalytic psychotherapist. He is a training analyst of G.I.R.E.P. in Paris. He is founder and president of *Scuola Internazionale di Specializzazione con la Procedura Immaginativa* (S.I.S.P.I. – www.sispi.eu) which is established in Milan, Rome and Varese since 2007. The school offers specialised post-graduate formation in psychotherapy to doctors and psychologists and cpd training to caring professionals. Dott. Passerini was also the founder of the Institute of Clinical Psychology Rocca-Stendoro in 1991. He is a visiting lecturer at the Tor Vergata University in Rome and the Insubria University in Varese. Together with his team he carries neuroscientific research on imaginative experience in psychotherapy at the Neuroscience centre of the same university. He also provides consultancy services to the Ecclesiastical Tribunal and to the European Commission. He has published numerous articles and books on the imaginative experience method in various international languages. His school is hosting the Second International Conference on Waking Dream Therapy in Milan in October, 2017 under the auspices of I.N.S.W.D.T.

Dott.ssa Manuela De Palma

Dott.ssa de Palma is an Italian clinical psychologist and a psychoanalytic psychotherapist. She is a training analyst of SISPI school in Milan. She is also a teacher at the *Scuola Internazionale di Specializzazione con la Procedura Immaginativa* (S.I.S.P.I. – www.sispi.eu) which is established in Milan, Rome and Varese since 2007. Dr. De Palma also has experience working as a neuropsychologist at St. Paul's Hospital in Milan and as a visiting lecturer at the Insubria University in Varese and at the

Regina Apostolorum University in Rome. Together with Dott. Alberto Passerini she carries neuroscientific research on imaginative experience in psychotherapy. She collaborated with Alberto Passerini in the publication entitled *Neuroestetica ed Esperienza Immaginativa in Psicoterapia*, which has been published by Alpes, Rome.

Dr. Laner Cassar is a registered clinical psychologist and supervisor working with the Health Department. He is also trained in various forms of psychotherapy, and is an independent researcher in the history of psychoanalysis, analytical psychology and imaginative psychotherapy. He lectures at the University of Malta and S.I.S.P.I psychotherapy school in Italy. He is director of *S.I.T.E* and project co-ordinator of the *International Network for the Study of Waking Dream Therapy* (I.N.S.W.D.T. – www.wakingdreamtherapy.org).

About S.I.T.E: The Space for Imaginative Therapies Education

S.I.T.E. is responsible for the training of psychology professionals in imaginative psychotherapeutic approaches. It is directed by Dr. Laner Cassar. S.I.T.E. offers post-graduate training in the form of CPD seminars at introductory and advanced levels to professionals so that they will be able to integrate imaginative therapeutic methodologies in their practice. S.I.T.E. collaborates closely with international schools and associations in Europe and South America such as S.I.S.P.I., Italy. S.I.T.E. is a member of the *International Network for the Study of Waking Dream Therapy* (I.N.S.W.D.T.).

APPLICATION FORM

CLINICAL ISSUES IN PSYCHOTHERAPY WITH IMAGINATIVE EXPERIENCE:

For bookings kindly contact Dr. Laner Cassar on 99452698

or email lanercassar@gmail.com

Name: _____

Profession: _____

Organization: _____

Address: _____

Email address: _____

Tel nos: _____

Why have you chosen to apply for this course?:

Date and Time: Saturday 25th November, 2017 (0930hrs – 1630 hrs)

Price: 35 Euro (Lunch included)

Location: The Seminary, Rabat, Malta.

Payment by cheque is to be made to Laner Cassar

And send to Laner Cassar, 'Casa Violetta, M. Busuttil Str, Victoria, Gozo.

Applications must be received by **Wednesday, 15th November, 2017.**

No reservations will be accepted without payment.

For alternative methods of payment please contact Laner Cassar.

Cancellation policy: S.I.T.E reserves the right to cancel the event should minimum numbers not be reached by the closing time for applications. This applies also if the event needs to be cancelled for other unforeseen circumstances. In the event of participant cancellation within the last postal week before the course, the fee will not be refunded.

Data Protection: The data on this form will be used for administration of this event and retained for future marketing.

Tick the box if you do NOT wish to receive further information.

Facebook page: www.facebook.com/spaceimaginativetherapiesmalta/